

Jay Kingley

CEO at Kingley Health

jay.kingley@kingleyhealth.com

Summary

Jay is the founder and CEO of Kingley Health. Kingley Health focuses on the treatment and prevention of chronic lifestyle diseases including obesity and overweight plus related medical co-morbidities.

We are a destination providing remarkable journeys with infinite possibilities empowering real people. We integrate lifestyle management, medical services, friends, family, and other support systems in a team driven approach to achieve an exceptional quality of life. Remarkable Journeys. Empowering Possibilities.

Kingley Health, started in 2004, has served almost 10,000 clients out of 10 locations in NJ and PA. Kingley Health has had almost 500 physicians directly refer to its programs.

Prior to starting and running Kingley Health, Jay's record of accomplishment includes designing, developing, and operating a number of successful businesses, serving as a senior partner with two global consulting firms, and achieving entrepreneurial success. Previously, Jay headed a global venture development group at Zurich Financial Services. Jay started with Zurich as the CEO of Scudder Investment's new business incubator group.

Prior to Zurich, Jay was a management consultant where he worked in partnership with senior client management on issues of strategy, technology, and finance while building high value practice areas for two international consulting firms. He was a senior partner and member of the Operations Committee at Diamond Management & Technology Consultants where he led the firm's global financial services practice. He was previously a Vice President with The LEK Partnership, where he was a leader of the firm's telecommunications practice.

Jay has been a principal in the creation of six start-up or early stage companies. Jay is currently a member of the Board of Directors of Cicero, Inc., a publicly traded company that is a leader in enterprise software for desktop automation and integration.

Specialties

Health care, business strategy, technology strategy, business management, alliances and joint ventures

Experience

CEO at Kingley Health

July 2003 - Present (8 years 2 months)

Kingley Health treats and prevents chronic lifestyle diseases (obesity, high blood pressure, high lipids, diabetes, heart disease, GI complaints, orthopedic problems, etc.). We help our clients lose weight, get fit, and treat medical conditions where diet and exercise are proven effective. All of our programs are evidence based and scientifically sound.

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We have been endorsed by almost 500 physicians and have served over 10,000 clients since 2004. We currently operate ten facilities in New Jersey and Pennsylvania and are looking for expansion opportunities. We are interested in partnerships with doctors, hospitals, fitness facilities, and investors.

2 recommendations available upon request

Board of Directors at Cicero, Inc.

November 2002 - Present (8 years 10 months)

Partner at Charter Consulting

May 2003 - May 2004 (1 year 1 month)

CEO at Warren Partners

January 2002 - July 2003 (1 year 7 months)

Managing Director at Zurich Financial Services

November 1999 - December 2001 (2 years 2 months)

Vice President and Partner at Diamond Management & Technology Consultants

January 1996 - November 1999 (3 years 11 months)

President at Call Sciences

1993 - 1996 (3 years)

Partner at L.E.K. Consulting

1987 - 1992 (5 years)

Engineer at DuPont

1983 - 1986 (3 years)

Education

University of Pennsylvania - The Wharton School

1988, MBA, 1986 - 1988

Cornell University

BS, Chemical Engineering, 1979 - 1983

Interests

politics, economics, sports (anything Pittsburgh), healthcare, tennis

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2 people have recommended Jay

"I have known Jay Kingley for about 1 1/2 years now, and have visited his facility many times. The facility is very clean, and well organized. The equipment is state of the art and in excellent condition. Jay and his employees truly care about their clients and provide the highest quality of service. They make exercise and good nutrition fun. They are all well educated and knowledgeable in their fields. Jay and his staff are extremely responsive in resolving any questions or concerns. They will work with both individuals and businesses to design programs to best meet their clients needs. Jay's Top Qualities: High Integrity, Personable, Extremely Responsive, Knowledgeable. His staff exhibit the same qualities as Jay. They are very professional, Responsive, Knowledgeable, Personable and extremely helpful."

— **Rosalie Small**, *Business Banker, PNC Bank*, was a consultant or contractor to Jay at Kingley Health

"Jay demonstrates a very thorough knowledge of business, not necessarily exclusive to his current field. His observations and views are incredibly unique. His approach is thoughtful and results driven. He is the type of leader which drives a business to the next level. I consider him a very valuable member in my network."

— **John Fitzgerald Acosta**, *Portfolio Manager, Fernandez-Acosta Group, Smith Barney*, was with another company when working with Jay at Kingley Institute

[Contact Jay on LinkedIn](#)